



# 2019 CINP International Meeting

3-5 October 2019 **Athens, Greece**



## **Preliminary** Programme

This 2.5 day international meeting will feature plenaries, meet the expert sessions, satellite symposia as well as educational workshops.

# CINP 2019

# Committees

## Executive Committee

### CINP President

Prof. Siegfried Kasper,  
Austria

### CINP Past President

Prof. John H. Krystal, USA

### CINP President Elect

Prof. Pierre Blier, Canada

### CINP Vice President

Prof. Shih-Ku Lin, Taiwan

### CINP Vice President

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### CINP Secretary

Prof. Elias Eriksson, Sweden

### CINP Treasurer

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Republic of Korea

Prof. Atsumi Nitta, Japan

Prof. Peter Falkai, Germany

Prof. Maurizio Fava, USA

Prof. Carol Tamminga, USA

Prof. Allan Young, United  
Kingdom

Prof. Gabriella Gobbi,  
Canada

## International Scientific Programme Committee

### Chair

Pierre Blier, Canada

### Co-chair

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### Co-chair

Noriko Osumi, Japan

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John Cryan, Ireland

Joseph Zohar, Israel

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Kazutaka Ikeda, Japan

Kostas Fountoulakis, Greece

Lih-Chu Chiou, Taiwan

Ming-Chyi Huang, Taiwan

Noboru Hiroi, USA

Peter Falkai, Germany

Philip McGuire, UK

Rupert Lanzenberger,  
Austria

Shigeto Yamawaki, Japan

Shih-Ku Lin, Taiwan

Siegfried Kasper, Austria

Simone Shamay-Tsoory,  
Israel

## Local Organising Committee

### Chair

Kostas Fountoulakis

Dimitris Dikeos, Greece

Nick Stefanis, Greece

Athanasios Douzenis, Greece

Babis Touloumis, Greece

Basil Alevizos, Greece

Eirini Siouti, Greece

Venos Mavreas, Greece

Maria Samakouri, Greece

Theofanis Vorvolakos,  
Greece

George Alevizopoulos,  
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Petros Skapinakis, Greece

Filippos Gourzis, Greece

George Michopoulos, Greece

Nikolaos Smyrnis, Greece

Charalampos Papageorgiou,  
Greece

Christos Tsopelas, Greece

Ioannis Diakogiannis,  
Greece

George Christodoulou,  
Greece

Dimitrios Ploumpidis,  
Greece

George Chrousos, Greece

## South-Eastern European Committee

*Distinguished representatives  
from the following countries:*

Albania

Algeria

Azerbaijan

Bulgaria

Croatia

Egypt

Georgia

Israel

Lebanon

Morocco

North Macedonia

Romania

Russia

Serbia

Slovenia

Tunisia

Turkey

Ukraine

# Welcome Message

## from the President

On behalf of the Executive Committee of the International College of Neuropsychopharmacology (CINP), I would like to invite you to the 2019 CINP International Meeting taking place in Athens, Greece in October 2019 as well as the 32nd CINP World Congress of Neuropharmacology taking place in Taipei, Taiwan in June 2020.

The 2019 CINP International Meeting will focus on ‘breakthroughs & controversies in mood, psychosis, schizophrenia, ADHD, and insomnia.’ The 2019 Athens Meeting looks to expand on the 2017 Prague Meeting on Treatment Resistant Depression and extend the program to a wider field of psychiatry.

The 2020 World Congress welcomes delegates from all over the world to the beautiful city of Taipei to carry the momentum of the previous World Congresses in Seoul and Vienna to continue our core mission of attempting to link the advances in brain sciences to the alleviation of the

distress and disabilities associated with neuropsychiatric disorders. With advances in neuroscience, we believe that this is an exciting time for the understanding of psychiatric pathophysiology and the 32nd World Congress will feature the most up-to-date research, diverse topics of interest, and educational sessions with leading experts.

We hope that you will be able to join us to move forward the research and education of psychopharmacology from previous CINP Meetings.



**Professor Siegfried Kasper**  
**President of CINP (2018 – 2020)**

# CINP 2019

# Programme at a Glance

## Thursday 3 October

## Friday 4 October

08:00							08:00
08:30							08:30
09:00	<b>08:30 - 10:00</b> <b>Welcome &amp; Keynote Lecture</b> <i>Rapid acting antidepressants: opportunities and mechanisms</i> <i>John H. Krystal</i>			<b>09:00 - 10:00</b> <b>Oldrich Vinar Keynote Lecture</b> <i>Treatment resistant depression</i> <i>Siegfried Kasper</i>			09:00
09:30							09:30
10:00				<b>10:00 - 10:30 Coffee Break</b>			10:00
10:30							10:30
11:00	<b>10:30 - 12:00</b> <b>Symposium</b> <i>Breakthroughs and controversies</i> <i>in mood disorders</i> <i>Francesc Artigas, Alessandro</i> <i>Serretti, Carlos Zarate</i>	<b>10:30 - 12:00</b> <b>Young</b> <b>Scientist</b> <b>Forum</b> <i>John H. Krystal</i> <i>Joseph Zohar</i>	<b>10:30 - 12:00</b> <b>Meet the</b> <b>Expert</b> <i>Alan Frazer</i>	<b>10:30 - 12:00</b> <b>Symposium</b> <i>Breakthroughs and controversies</i> <i>in ADHD</i> <i>Zheng Chang, Larry Klassen,</i> <i>Andrea Cipriani</i>	<b>10:30 - 12:00</b> <b>Meet the</b> <b>Expert</b> <i>Konstantinos</i> <i>Fountoulakis</i>	<b>10:30 - 12:00</b> <b>Workshop</b> <i>Joseph Zohar,</i> <i>Pierre Blier,</i> <i>Hans-Jürgen</i> <i>Möller</i>	11:00
11:30							11:30
12:00	<b>12:00 - 13:30</b> <b>Lunch / Poster Viewing</b>			<b>12:00 - 13:30</b> <b>Lunch / Poster Viewing</b>			12:00
12:30							12:30
13:00							13:00
13:30	<b>13:30 - 15:00</b> <b>Symposium</b> <i>Breakthroughs and controversies</i> <i>in psychosis</i> <i>Carol Tamminga, Konstantinos</i> <i>Fountoulakis, Shih-Ku Lin</i>	<b>13:30 - 15:00</b> <b>Workshop</b> <i>NIH / NIMH</i>	<b>13:30 - 15:00</b> <b>Meet the</b> <b>Expert</b> <i>Sponsored by</i> <i>Janssen</i>	<b>13:30 - 14:30</b> <b>Keynote Lecture</b> <i>Antidepressants work: the evidence</i> <i>Elias Eriksson</i>			13:30
14:00							14:00
14:30				<b>14:30 - 16:00</b> <b>Symposium</b> <i>Breakthroughs and controversies</i> <i>in insomnia</i> <i>Andrew Krystal, Pierre Michel</i> <i>Llorca, Gabriella Gobbi</i>	<b>14:30 - 16:00</b> <b>Meet the</b> <b>Expert</b> <i>Larry</i> <i>Klassen</i>	<b>14:30 - 16:00</b> <b>Workshop</b> <b>For Young</b> <b>Clinicians</b> <i>Pierre Blier</i>	14:30
15:00	<b>15:00 - 15:30 Coffee Break</b>			<b>16:00 - 16:30 Coffee Break</b>			15:00
15:30	<b>15:30 - 16:30</b> <b>Keynote Lecture</b> <i>The Future of Manualized versus Personalized Psychiatry</i> <i>Tarek Okasha</i>						15:30
16:00							16:00
16:30	<b>16:30 - 17:00 Guided Poster Session</b>			<b>16:30 - 17:30</b> <b>Keynote Lecture</b> <i>The role of GABA A receptor-modulating steroids in depression</i> <i>Stephen Kanes</i>			16:30
17:00							17:00
17:30	<b>17:00-18:00</b> <b>Meeting of Ambassadors</b> <b>and Corresponding Societies</b>			<b>17:30 - 18:00 Guided Poster Session</b>			17:30
18:00							18:00
18:30							18:30
19:00							19:00
19:30							19:30
20:00							20:00

# CINP 2019

## Programme at a Glance

Saturday 5 October

08:00	
08:30	
09:00	<b>09:00 - 10:00 Keynote Lecture</b>
09:30	<i>Interactions between neurotransmitters: the key to remission in depression</i> Pierre Blier
10:00	
10:30	<b>10:00 - 10:30 Coffee Break</b>
11:00	<b>10:30 - 12:00 Symposium</b>
11:30	<i>Future directions to understand psychiatric diseases</i> Konstantinos Pantiadis, Georgia Salanti, Hans-Jürgen Möller
12:00	<b>10:30 - 12:00 Meet the Expert</b>
12:30	<i>Sponsored by Shire</i>
13:00	<b>10:30 - 12:00 Workshop</b>
13:30	<i>Erich Seifritz</i>
14:00	<b>12:00 - 13:00 Keynote Lecture</b>
14:30	<i>New Pharmacological Treatments for Resistant Depression</i> Maurizio Fava
15:00	
15:30	<b>13:00 - 13:30 Closing</b>
16:00	
16:30	
17:00	
17:30	
18:00	
18:30	
19:00	
19:30	
20:00	



# Thursday 3 October

## Scientific Programme

<b>08:30 – 10:00</b>	<b>WELCOME &amp; KEYNOTE LECTURE</b> <b>Rapid acting antidepressants: opportunities and mechanisms</b> <i>John H. Krystal, Yale School of Medicine, USA</i>
<b>10:00 – 10:30</b>	<b>COFFEE BREAK / SHOWCASE PRESENTATION:</b> <b>How do you approach the treatment of depressive episodes today? What pathways are thought to play a role in depression?</b> <i>Sponsored by SAGE Therapeutics Inc.</i>
<b>10:30 – 12:00</b>	<b>SYMPOSIUM:</b> <b>Breakthroughs and controversies in mood disorders</b>  <b>Mechanisms of antidepressant response</b> <i>Francesc Artigas, CSIC, Spain</i>  <b>Genetics of antidepressant response</b> <i>Alessandro Serretti, University of Bologna, Italy</i>  <b>Rapid acting antidepressants</b> <i>Carlos Zarate, National Institute of Mental Health, USA</i>
<b>10:30 – 12:00</b>	<b>YOUNG SCIENTIST FORUM</b> <b>How to get your career on track early</b> <i>John H. Krystal, Yale School of Medicine, USA</i> <i>Joseph Zohar, Sheba Medical Center, Israel</i>
<b>10:30 – 12:00</b>	<b>MEET THE EXPERT</b> <b>60 years of antidepressants - where are we now?</b> <i>Alan Frazer, UT Health San Antonio, USA</i>
<b>12:00 – 13:30</b>	<b>LUNCH / POSTER VIEWING</b>



# Thursday 3 October

## Scientific Programme

13:30 – 15:00

**SYMPOSIUM:**  
**Breakthroughs and controversies in psychosis**

**New antipsychotics**

*Carol Tamminga, UT Southwestern, USA*

**Controversies in literature in antipsychotic treatment**

*Konstantinos Fountoulakis, Aristotle University of Thessaloniki, Greece*

**Antipsychotic Polypharmacy: Is it a dirty little secret or a fashion?**

*Shih-Ku Lin, Taipei Medical University, Taiwan*

13:30 – 15:00

**WORKSHOP: Neurobiological and clinical characterization approaches for developing novel therapeutics for treatment-resistant depression**

*Christoph Kraus, National Institute of Mental Health, USA*

*Jennifer Evans, National Institute of Mental Health, USA*

*Bashkim Kadriu, National Institute of Mental Health, USA*

*Zhi-De Deng, National Institute of Mental Health, USA*

Discussant:

*Carlos Zarate, National Institute of Mental Health, USA*

13:30 – 15:00

**MEET THE EXPERT**  
**Breakthroughs and controversies in mood disorders**  
*Sponsored by Janssen Pharmaceutical*

15:00 – 15:30

**COFFEE BREAK**

15:30 – 16:30

**KEYNOTE LECTURE**  
**The Future of Manualized versus Personalized Psychiatry**  
*Tarek Okasha, Ain Shams University, Cairo, Egypt*

16:30 – 17:00

**GUIDED POSTER SESSION**

17:00 – 18:00

**Meeting of Ambassadors and Corresponding Societies**

# Friday 4 October

## Scientific Programme

09:00 – 10:00	<b>OLDRICH VINAR KEYNOTE LECTURE</b> <b>Treatment resistant depression</b> <i>Siegfried Kasper, Medical University of Vienna, Austria</i>
10:00 – 10:30	<b>COFFEE BREAK</b>
10:30 – 12:00	<b>SYMPOSIUM:</b> <b>Breakthroughs and controversies in ADHD</b>  <b>Treatment of ADHD: a pharmacoepidemiological approach</b> <i>Zheng Chang, Karolinska Institutet, Sweden</i>  <b>ADHD Treatment in adults</b> <i>Larry Klassen, Eden Mental Health Centre, Canada</i>  <b>Meta-analysis in ADHD response</b> <i>Andrea Cipriani, Oxford University, United Kingdom</i>
10:30 – 12:00	<b>MEET THE EXPERT</b> <b>Bipolar disorder – the CINP approach</b> <i>Konstantinos Fountoulakis, Aristotle University of Thessaloniki, Greece</i>
10:30 – 12:00	<b>WORKSHOP</b> <b>Neuroscience-based nomenclature for psychotropic agents</b>  <i>Joseph Zohar, Sheba Medical Center, Israel</i> <i>Pierre Blier, University of Ottawa, Canada</i> <i>Hans-Jürgen Möller, Ludwig-Maximilians-University, Germany</i>
12:00 – 13:30	<b>LUNCH / POSTER VIEWING</b>
13:30 – 14:30	<b>KEYNOTE LECTURE</b> <b>Antidepressants work: the evidence</b> <i>Elias Eriksson, University of Gothenburg, Sweden</i>
14:30 – 16:00	<b>SYMPOSIUM:</b> <b>Breakthroughs and controversies in insomnia</b>  <b>Orexin receptor antagonists: state of the art</b> <i>Andrew Krystal, University of California, San Francisco, USA</i>  <b>Benzodiazepines pro and contra</b> <i>Pierre Michel Llorca, CHU Clermont-Ferrand, France</i>  <b>Melatonin</b> <i>Gabriella Gobbi, McGill University, Canada</i>



# Friday 4 October

## Scientific Programme

**14:30 – 16:00**    **MEET THE EXPERT**

**ADHD**

*Larry Klassen, Eden Mental Health Centre, Canada*

**WORKSHOP FOR YOUNG CLINICIANS**

**Rational prescribing**

*Pierre Blier, University of Ottawa, Canada*

**16:00 – 16:30**    **COFFEE BREAK**

**16:30 – 17:30**    **KEYNOTE LECTURE**

**The role of GABA A receptor-modulating steroids in depression**

*Stephen Kanes, SAGE Therapeutics Inc., USA*

**17:30 – 18:00**    **GUIDED POSTER SESSION**

# Saturday 5 October

## Scientific Programme

<b>09:00 – 10:00</b>	<b>KEYNOTE LECTURE</b> <b>Interactions between neurotransmitters: the key to remission in depression</b> <i>Pierre Blier, University of Ottawa, Canada</i>
<b>10:00 – 10:30</b>	<b>COFFEE BREAK</b>
<b>10:30 – 12:00</b>	<b>SYMPOSIUM:</b> <b>Future directions to understand psychiatric diseases</b>  <b>Digital psychopharmacology</b> <i>Konstantinos Pasiadis, Aristotle University of Thessaloniki, Greece</i>  <b>Insights into Cochrane analysis of antidepressants</b> <i>Georgia Salanti, Universität Bern, Switzerland</i>  <b>Evidence does not equal evidence</b> <i>Hans-Jürgen Möller, Ludwig-Maximilians-University, Germany</i>
<b>10:30 – 12:00</b>	<b>MEET THE EXPERT</b> <b>Discovering ADHD in Adults</b> <i>Sponsored by Shire</i>
<b>10:30 – 12:00</b>	<b>WORKSHOP</b> <b>Depression – new treatments with psychedelics</b> <i>Erich Seifritz, Psychiatrische Universitätsklinik Zürich, Switzerland</i>
<b>12:00 – 13:00</b>	<b>KEYNOTE LECTURE</b> <b>New Pharmacological Treatments for Resistant Depression</b> <i>Maurizio Fava, Massachusetts General Hospital, USA</i>
<b>13:00 – 13:30</b>	<b>CLOSING</b>
<b>13:30 – 14:30</b>	<b>LUNCH</b>

# CINP 2019

## Confirmed Speakers



Francesc Artigas  
Spain



Pierre Blier  
Canada



Zheng Chang  
Sweden



Andrea Cipriani  
United Kingdom



ZD Deng  
USA



Elias Eriksson  
Sweden



Jennifer Evans  
USA



Maurizio Fava  
USA



Kostas Fountoulakis  
Greece



Alan Frazer  
USA



Gabriella Gobbi  
Canada



Stephen Kanes  
USA



Siegfried Kasper  
Austria



Christoph Kraus  
USA



John Krystal  
USA



Andrew Krystal  
USA



Shih-Ku Lin  
Taiwan



Pierre-Michel Llorca  
France



Hans-Jürgen Möller  
Germany



Tarek Okasha  
Egypt



Konstantinos Pasiadis  
Greece



Georgia Salanti  
Switzerland



Erich Seifritz  
Switzerland



Alessandro Serretti  
Italy



Carol Tamminga  
USA



Carlos Zarate  
USA



Joseph Zohar  
Israel



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For further information on CINP and to keep updated on all  
CINP activities please visit the website at **[www.cinp.org](http://www.cinp.org)**