



2019 CINP International Meeting

3-5 October 2019 **Athens, Greece**



Preliminary Programme

This 2.5 day international meeting will feature plenaries, meet the expert sessions, satellite symposia as well as educational workshops.

CINP 2019

Committees

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Prof. Siegfried Kasper, Austria

CINP Past President

Prof. John H. Krystal, USA

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Prof. Pierre Blier, Canada

CINP Vice President

Prof. Shih-Ku Lin, Taiwan

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Prof. Peter Falkai, Germany

Prof. Maurizio Fava, USA

Prof. Carol Tamminga, USA

Prof. Allan Young, United Kingdom

Prof. Gabriella Gobbi, Canada

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Co-chair

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Jun Soo Kwon, Korea

Katharina Domschke, Germany

Kazutaka Ikeda, Japan

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Lih-Chu Chiou, Taiwan

Ming-Chyi Huang, Taiwan

Noboru Hiroi, USA

Peter Falkai, Germany

Philip McGuire, UK

Rupert Lanzenberger, Austria

Shigeto Yamawaki, Japan

Shih-Ku Lin, Taiwan

Siegfried Kasper, Austria

Simone Shamay-Tsoory, Israel

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Nick Stefanis, Greece

Athanasios Douzenis, Greece

Babis Touloumis, Greece

Basil Alevizos, Greece

Eirini Siouti, Greece

Venos Mavreas, Greece

Maria Samakouri, Greece

Theofanis Vorvolakos, Greece

Greece

George Alevizopoulos, Greece

Greece

Ioannis Nimatoudis, Greece

Thomas Hyphantis, Greece

Petros Skapinakis, Greece

Filippos Gourzis, Greece

George Michopoulos, Greece

Nikolaos Smyrnis, Greece

Charalampos Papageorgiou, Greece

Greece

Christos Tsopelas, Greece

Ioannis Diakogiannis, Greece

Greece

George Christodoulou, Greece

Greece

Dimitrios Ploumpidis, Greece

Greece

George Chrousos, Greece

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Algeria

Azerbaijan

Bulgaria

Croatia

Egypt

Georgia

Israel

Lebanon

Morocco

North Macedonia

Romania

Russia

Serbia

Slovenia

Tunisia

Turkey

Ukraine

Welcome Message

from the President



On behalf of the Executive Committee of the International College of Neuropsychopharmacology (CINP), I would like to invite you to the 2019 CINP International Meeting taking place in Athens, Greece in October 2019 as well as the 32nd CINP World Congress of Neuropharmacology taking place in Taipei, Taiwan in June 2020.

The 2019 CINP International Meeting will focus on 'breakthroughs & controversies in mood, psychosis, schizophrenia, ADHD, and insomnia'. The 2019 Athens Meeting looks to expand on the 2017 Prague Meeting on Treatment Resistant Depression and extend the program to a wider field of psychiatry.

The 2020 World Congress welcomes delegates from all over the world to the beautiful city of Taipei to carry the momentum of the previous World Congresses in Seoul and Vienna to continue our core mission of attempting to link the advances in brain sciences to the alleviation of the

distress and disabilities associated with neuropsychiatric disorders. With advances in neuroscience, we believe that this is an exciting time for the understanding of psychiatric pathophysiology and the 32nd World Congress will feature the most up-to-date research, diverse topics of interest, and educational sessions with leading experts.

We hope that you will be able to join us to move forward the research and education of psychopharmacology from previous CINP Meetings.



Professor Siegfried Kasper
President of CINP (2018 – 2020)

CINP 2019

Programme at a Glance

Thursday 3 October

Friday 4 October

08:00						08:00	
08:30	08:30 - 10:00 Welcome & Keynote Lecture <i>Rapid acting antidepressants: opportunities and mechanisms</i> John H. Krystal						08:30
09:00				09:00 - 10:00 Oldrich Vinar Keynote Lecture <i>Treatment resistant depression</i> Siegfried Kasper			09:00
09:30							09:30
10:00	10:00 - 10:30 Coffee Break / Showcase Presentation by Sage			10:00 - 10:30 Coffee Break			10:00
10:30	10:30 - 12:00 Symposium <i>Breakthroughs and controversies in mood disorders</i> Francesc Artigas, Alessandro Serretti, Carlos Zarate	10:30 - 12:00 Young Scientist Forum John H. Krystal Joseph Zohar	10:30 - 12:00 Meet the Expert Alan Frazer	10:30 - 12:00 Symposium <i>Breakthroughs and controversies in ADHD</i> Zheng Chang, Larry Klassen, Andrea Cipriani	10:30 - 12:00 Meet the Expert Konstantinos Fountoulakis	10:30 - 12:00 Workshop Joseph Zohar, Pierre Blier, Hans-Jürgen Möller	10:30
11:00							11:00
11:30							11:30
12:00	12:00 - 13:30 Lunch / Poster Viewing			12:00 - 13:30 Lunch / Poster Viewing			12:00
12:30							12:30
13:00							13:00
13:30	13:30 - 15:00 Symposium <i>Breakthroughs and controversies in psychosis</i> Carol Tamminga, Konstantinos Fountoulakis, Shih-Ku Lin	13:30 - 15:00 Workshop NIH / NIMH	13:30 - 15:00 Meet the Expert Sponsored by Janssen	13:30 - 14:30 Keynote Lecture <i>Antidepressants work: the evidence</i> Elias Eriksson			13:30
14:00							14:00
14:30				14:30 - 16:00 Symposium <i>Breakthroughs and controversies in insomnia</i> Andrew Krystal, Pierre Michel Llorca, Gabriella Gobbi	14:30 - 16:00 Meet the Expert Larry Klassen	14:30 - 16:00 Workshop For Young Clinicians Pierre Blier	14:30
15:00	15:00 - 15:30 Coffee Break / Showcase Presentation by Saladax Biomedical			16:00 - 16:30 Coffee Break / Showcase Presentation by Janssen			15:00
15:30	15:30 - 16:30 Keynote Lecture <i>The Future of Manualized versus Personalized Psychiatry</i> Tarek Okasha			16:00 - 16:30 Coffee Break / Showcase Presentation by Janssen			15:30
16:00	16:30 - 17:00 Guided Poster Session			16:30 - 17:30 Keynote Lecture <i>Neuroactive steroids as rapid-acting antidepressants: The story of brexanolone and SAGE-217</i> Stephen Kanes			16:00
16:30							16:30
17:00	17:00-18:00 Meeting of Ambassadors and Corresponding Societies			17:30 - 18:00 Guided Poster Session			17:00
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CINP 2019

Programme at a Glance

Saturday 5 October

08:00	
08:30	
09:00	09:00 - 10:00 Keynote Lecture
09:30	<i>Interactions between neurotransmitters: the key to remission in depression</i> Pierre Blier
10:00	10:00 - 10:30 Coffee Break
10:30	10:30 - 12:00 Symposium
11:00	<i>Future directions to understand psychiatric diseases</i> Konstantinos Pantiadis, Georgia Salanti, Hans-Jürgen Möller
11:30	10:30 - 12:00 Meet the Expert Sponsored by Takeda / Shire
	10:30 - 12:00 Workshop Erich Seifritz
12:00	12:00 - 13:00 Keynote Lecture
12:30	<i>New Pharmacological Treatments for Resistant Depression</i> Maurizio Fava
13:00	13:00 - 13:30 Closing
13:30	13:30 - 14:30 Lunch
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Thursday 3 October

Scientific Programme

08:30 – 10:00 WELCOME & KEYNOTE LECTURE

Rapid acting antidepressants: opportunities and mechanisms
John H. Krystal, Yale School of Medicine, USA

10:00 – 10:30 **COFFEE BREAK / SHOWCASE PRESENTATION:**
How do you approach the treatment of depressive episodes today? What pathways are thought to play a role in depression?
Sponsored by SAGE Therapeutics Inc.

10:30 – 12:00 SYMPOSIUM: Breakthroughs and controversies in mood disorders

Mechanisms of antidepressant response
Francesc Artigas, CSIC, Spain

Genetics of antidepressant response
Alessandro Serretti, University of Bologna, Italy

Rapid acting antidepressants
Carlos Zarate, National Institute of Mental Health, USA

10:30 – 12:00 YOUNG SCIENTIST FORUM

How to get your career on track early
John H. Krystal, Yale School of Medicine, USA
Joseph Zohar, Sheba Medical Center, Israel

10:30 – 12:00 **MEET THE EXPERT**
60 years of antidepressants - where are we now?
Alan Frazer, UT Health San Antonio, USA

12:00 – 13:30 LUNCH / POSTER VIEWING

13:30 – 15:00 SYMPOSIUM: Breakthroughs and controversies in psychosis

New antipsychotics
Carol Tamminga, UT Southwestern, USA

Controversies in literature in antipsychotic treatment
Konstantinos Fountoulakis, Aristotle University of Thessaloniki, Greece

Antipsychotic Polypharmacy: Is it a dirty little secret or a fashion?
Shih-Ku Lin, Taipei Medical University, Taiwan

Thursday 3 October

Scientific Programme

13:30 – 15:00 **WORKSHOP: Neurobiological and clinical characterization approaches for developing novel therapeutics for treatment-resistant depression**

Christoph Kraus, National Institute of Mental Health, USA
Jennifer Evans, National Institute of Mental Health, USA
Bashkim Kadriu, National Institute of Mental Health, USA
Zhi-De Deng, National Institute of Mental Health, USA

Discussant:

Carlos Zarate, National Institute of Mental Health, USA

13:30 – 15:00 **MEET THE EXPERT**
Time to act in major depressive disorder (MDD)
Sponsored by Janssen

13:30 - 13:35 **Welcome & Introduction**
Chair: Siegfried Kasper, Austria

13:35 - 14:15 **When to act: Optimising treatment in MDD**
Daniel Souery, Belgium
Andreas Papadopoulos, UK

14:15 - 14:55 **How to act: Are fast-acting treatments the future?**
Lucie Bartova, Austria
Andrew J. Cutler, USA

14:55 - 15:00 **Close**
Chair: Siegfried Kasper, Austria

15:00 – 15:30 **COFFEE BREAK / SHOWCASE PRESENTATION:**
Antipsychotic POCT for medication adherence and blood level monitoring
Sponsored by Saladax Biomedical

15:30 – 16:30 **KEYNOTE LECTURE**
The Future of Manualized versus Personalized Psychiatry
Tarek Okasha, Ain Shams University, Cairo, Egypt

16:30 – 17:00 **GUIDED POSTER SESSION**

17:00 – 18:00 **Meeting of Ambassadors and Corresponding Societies**

Friday 4 October

Scientific Programme

09:00 – 10:00	OLDRICH VINAR KEYNOTE LECTURE Treatment resistant depression <i>Siegfried Kasper, Medical University of Vienna, Austria</i>
10:00 – 10:30	COFFEE BREAK
10:30 – 12:00	SYMPOSIUM: Breakthroughs and controversies in ADHD Treatment of ADHD: a pharmacoepidemiological approach <i>Zheng Chang, Karolinska Institutet, Sweden</i> ADHD Treatment in adults <i>Larry Klassen, Eden Mental Health Centre, Canada</i> Meta-analysis in ADHD response <i>Andrea Cipriani, Oxford University, United Kingdom</i>
10:30 – 12:00	MEET THE EXPERT Bipolar disorder – the CINP approach <i>Konstantinos Fountoulakis, Aristotle University of Thessaloniki, Greece</i>
10:30 – 12:00	WORKSHOP Neuroscience-based nomenclature for psychotropic agents <i>Joseph Zohar, Sheba Medical Center, Israel</i> <i>Pierre Blier, University of Ottawa, Canada</i> <i>Hans-Jürgen Möller, Ludwig-Maximilians-University, Germany</i>
12:00 – 13:30	LUNCH / POSTER VIEWING
13:30 – 14:30	KEYNOTE LECTURE Antidepressants work: the evidence <i>Elias Eriksson, University of Gothenburg, Sweden</i>
14:30 – 16:00	SYMPOSIUM: Breakthroughs and controversies in insomnia Orexin receptor antagonists: state of the art <i>Andrew Krystal, University of California, San Francisco, USA</i> Benzodiazepines pro and contra <i>Pierre Michel Llorca, CHU Clermont-Ferrand, France</i> Melatonin <i>Gabriella Gobbi, McGill University, Canada</i>

Friday 4 October

Scientific Programme

14:30 – 16:00 **MEET THE EXPERT**

ADHD

Larry Klassen, Eden Mental Health Centre, Canada

WORKSHOP FOR YOUNG CLINICIANS

Rational prescribing

Pierre Blier, University of Ottawa, Canada

16:00 – 16:30

COFFEE BREAK / SHOWCASE PRESENTATION:

Optimising treatment outcomes in major depressive disorder (MDD)

Sponsored by Janssen

16:30 – 17:30

KEYNOTE LECTURE

Neuroactive steroids as rapid-acting antidepressants: The story of brexanolone and SAGE-217

Stephen Kanes, SAGE Therapeutics Inc., USA

17:30 – 18:00

GUIDED POSTER SESSION

Saturday 5 October

Scientific Programme

09:00 – 10:00	KEYNOTE LECTURE Interactions between neurotransmitters: the key to remission in depression <i>Pierre Blier, University of Ottawa, Canada</i>
10:00 – 10:30	COFFEE BREAK
10:30 – 12:00	SYMPOSIUM: Future directions to understand psychiatric diseases Digital psychopharmacology <i>Konstantinos Pasiadis, Aristotle University of Thessaloniki, Greece</i> New findings from old studies: Insights into the evidence of efficacy, tolerability and acceptability of antidepressants <i>Georgia Salanti, Universität Bern, Switzerland</i> Evidence does not equal evidence <i>Hans-Jürgen Möller, Ludwig-Maximilians-University, Germany</i>
10:30 – 12:00	MEET THE EXPERT Discovering ADHD in Adults <i>Sponsored by Takeda / Shire</i>
10:30 – 12:00	WORKSHOP Depression – new treatments with psychedelics <i>Erich Seifritz, Psychiatrische Universitätsklinik Zürich, Switzerland</i>
12:00 – 13:00	KEYNOTE LECTURE New Pharmacological Treatments for Resistant Depression <i>Maurizio Fava, Massachusetts General Hospital, USA</i>
13:00 – 13:30	CLOSING
13:30 – 14:30	LUNCH

CINP 2019

Confirmed Speakers



Francesc Artigas
Spain



Pierre Blier
Canada



Zheng Chang
Sweden



Andrea Cipriani
United Kingdom



ZD Deng
USA



Elias Eriksson
Sweden



Jennifer Evans
USA



Maurizio Fava
USA



Kostas Fountoulakis
Greece



Alan Frazer
USA



Gabriella Gobbi
Canada



Bashkim Kadriu
USA



Stephen Kanes
USA



Siegfried Kasper
Austria



Christoph Kraus
USA



John Krystal
USA



Andrew Krystal
USA



Shih-Ku Lin
Taiwan



Pierre-Michel Llorca
France



Hans-Jürgen Möller
Germany



Tarek Okasha
Egypt



Konstantinos Pasiadis
Greece



Georgia Salanti
Switzerland



Erich Seifritz
Switzerland



Alessandro Serretti
Italy



Carol Tamminga
USA



Carlos Zarate
USA



Joseph Zohar
Israel



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CINP activities please visit the website at **www.cinp.org**