Preliminary Programme

This 2.5 day international meeting will feature plenaries, meet the expert sessions, satellite symposia as well as educational workshops.
Executive Committee
CINP President
Prof. Siegfried Kasper, Austria
CINP Past President
Prof. John H. Krystal, USA
CINP President Elect
Prof. Pierre Blier, Canada
CINP Vice President
Prof. Shih-Ku Lin, Taiwan
CINP Vice President
Prof. Joseph Zohar, Israel
CINP Secretary
Prof. Elias Eriksson, Sweden
CINP Treasurer
Prof. Kazutaka Ikeda, Japan

Councillors
Prof. Helena Calil, Brazil
Prof. Ryota Hashimoto, Japan
Prof. Katharina Domschke, Germany
Prof. Jun Soo Kwon, Republic of Korea
Prof. Atsumi Nitta, Japan
Prof. Peter Falkai, Germany
Prof. Maurizio Fava, USA
Prof. Carol Tamminga, USA
Prof. Allan Young, United Kingdom
Prof. Gabriella Gobbi, Canada

International Scientific Programme Committee
Chair
Pierre Blier, Canada
Co-chair
Elias Eriksson, Sweden
Co-chair
Noriko Osumi, Japan
Alan Frazer, USA
Carol Tamminga, USA
Constantin Soldatos, Greece

David Morilak, USA,
Gabriella Gobbi, Canada
Hiroyuki Uchida, Japan
John Krystal, USA
John Cryan, Ireland
Joseph Zohar, Israel
Jun Soo Kwon, Korea
Katharina Domschke, Germany
Kazutaka Ikeda, Japan
Kostas Fountoulakis, Greece
Lih-Chu Chiou, Taiwan
Ming-Chyi Huang, Taiwan
Noboru Hiroi, USA
Peter Falkai, Germany
Philip McGuire, UK
Rupert Lanzenberger, Austria
Shigeto Yamawaki, Japan
Shih-Ku Lin, Taiwan
Siegfried Kasper, Austria
Simone Shamay-Tsoory, Israel

Local Organising Committee
Chair
Kostas Fountoulakis
Dimitris Dikeos, Greece
Nick Stefanis, Greece
Athanasiou Douzenis, Greece
Babis Touloumis, Greece
Basil Alevizos, Greece
Eirini Siouti, Greece
Venos Mavreas, Greece
Maria Samakouri, Greece
Theofanis Vorvolakis, Greece
George Alevizopoulos, Greece
Ioannis Nimatoudis, Greece
Thomas Hyphantis, Greece
Petros Skapinakis, Greece
Filippou Gourzis, Greece
George Michopoulos, Greece
Nikolaos Smyrnis, Greece
Charalambos Papageorgiou, Greece
Christos Tsopelas, Greece
Ioannis Diakogiannakis, Greece
George Christodoulou, Greece
Dimitrios Ploumpidis, Greece
George Chrousos, Greece

South-Eastern European Committee
Distinguished representatives from the following countries:
Albania
Algeria
Azerbaijan
Bulgaria
Croatia
Egypt
Georgia
Israel
Lebanon
Morocco
North Macedonia
Romania
Russia
Serbia
Slovenia
Tunisia
Turkey
Ukraine
On behalf of the Executive Committee of the International College of Neuropsychopharmacology (CINP), I would like to invite you to the 2019 CINP International Meeting taking place in Athens, Greece in October 2019 as well as the 32nd CINP World Congress of Neuropharmacology taking place in Taipei, Taiwan in June 2020.

The 2019 CINP International Meeting will focus on ‘breakthroughs & controversies in mood, psychosis, schizophrenia, ADHD, and insomnia.’ The 2019 Athens Meeting looks to expand on the 2017 Prague Meeting on Treatment Resistant Depression and extend the program to a wider field of psychiatry.

The 2020 World Congress welcomes delegates from all over the world to the beautiful city of Taipei to carry the momentum of the previous World Congresses in Seoul and Vienna to continue our core mission of attempting to link the advances in brain sciences to the alleviation of the distress and disabilities associated with neuropsychiatric disorders. With advances in neuroscience, we believe that this is an exciting time for the understanding of psychiatric pathophysiology and the 32nd World Congress will feature the most up-to-date research, diverse topics of interest, and educational sessions with leading experts.

We hope that you will be able to join us to move forward the research and education of psychopharmacology from previous CINP Meetings.

Welcome Message from the President

Professor Siegfried Kasper
President of CINP (2018 – 2020)
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<thead>
<tr>
<th>Time</th>
<th>Thursday 3 October</th>
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<tbody>
<tr>
<td>08:00</td>
<td><strong>08:30 - 10:00</strong> Welcome &amp; Keynote Lecture&lt;br&gt;<strong>Rapid acting antidepressants: opportunities and mechanisms</strong>&lt;br&gt;John H. Krystal</td>
<td><strong>09:00 - 10:00</strong> Oldrich Vinar Keynote Lecture&lt;br&gt;<strong>Treatment resistant depression</strong>&lt;br&gt;Siegfried Kasper</td>
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<td>10:00</td>
<td>10:00 - 10:30 Coffee Break / Showcase Presentation by Sage</td>
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<td>11:00</td>
<td><strong>10:30 - 12:00</strong> Symposium&lt;br&gt;Breakthroughs and controversies in mood disorders&lt;br&gt;Francesc Artigas, Alessandro Serretti, Carlos Zarate</td>
<td><strong>10:30 - 12:00</strong> Symposium&lt;br&gt;Breakthroughs and controversies in ADHD&lt;br&gt;Zheng Chang, Larry Klassen, Andrea Cipriani</td>
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<td>11:30</td>
<td><strong>10:30 - 12:00</strong> Young Scientist Forum&lt;br&gt;John H. Krystal Joseph Zohar</td>
<td><strong>10:30 - 12:00</strong> Meet the Expert&lt;br&gt;Konstantinos Fountoulakis</td>
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<td><strong>14:30 - 16:00</strong> Guided Poster Session</td>
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# Thursday 3 October

## Scientific Programme

### 08:30 – 10:00  
**WELCOME & KEYNOTE LECTURE**

Rapid acting antidepressants: opportunities and mechanisms  
*John H. Krystal, Yale School of Medicine, USA*

### 10:00 – 10:30  
**COFFEE BREAK / SHOWCASE PRESENTATION:**

How do you approach the treatment of depressive episodes today? What pathways are thought to play a role in depression?  
*Sponsored by SAGE Therapeutics Inc.*

### 10:30 – 12:00  
**SYMPOSIUM:**

Breakthroughs and controversies in mood disorders

- **Mechanisms of antidepressant response**  
  *Francesc Artigas, CSIC, Spain*

- **Genetics of antidepressant response**  
  *Alessandro Serretti, University of Bologna, Italy*

- **Rapid acting antidepressants**  
  *Carlos Zarate, National Institute of Mental Health, USA*

### 10:30 – 12:00  
**YOUNG SCIENTIST FORUM**

How to get your career on track early  
*John H. Krystal, Yale School of Medicine, USA*  
*Joseph Zohar, Sheba Medical Center, Israel*

### 10:30 – 12:00  
**MEET THE EXPERT**

60 years of antidepressants - where are we now?  
*Alan Frazer, UT Health San Antonio, USA*

### 12:00 – 13:30  
**LUNCH / POSTER VIEWING**

### 13:30 – 15:00  
**SYMPOSIUM:**

Breakthroughs and controversies in psychosis

- **New antipsychotics**  
  *Carol Tamminga, UT Southwestern, USA*

- **Controversies in literature in antipsychotic treatment**  
  *Konstantinos Fountoulakis, Aristotle University of Thessaloniki, Greece*

- **Antipsychotic Polypharmacy: Is it a dirty little secret or a fashion?**  
  *Shih-Ku Lin, Taipei Medical University, Taiwan*
# Thursday 3 October

## Scientific Programme

<table>
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<th>Time</th>
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<th>Details</th>
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</table>
| 13:30 – 15:00 | **WORKSHOP: Neurobiological and clinical characterization approaches for developing novel therapeutics for treatment-resistant depression** | *Christoph Kraus, National Institute of Mental Health, USA*
|               |                                                                      | *Jennifer Evans, National Institute of Mental Health, USA*
|               |                                                                      | *Bashkim Kadriu, National Institute of Mental Health, USA*
|               |                                                                      | *Zhi-De Deng, National Institute of Mental Health, USA*
|               |                                                                      | Discussant: *Carlos Zarate, National Institute of Mental Health, USA* |
| 13:30 – 15:00 | **MEET THE EXPERT**                                                  | **Time to act in major depressive disorder (MDD)**                      |
|               |                                                                      | *Sponsored by Janssen*                                                 |
| 13:30 - 13:35 | **Welcome & Introduction**                                          | *Chair: Siegfried Kasper, Austria*                                     |
| 13:35 - 14:15 | **When to act: Optimising treatment in MDD**                        | *Daniel Souery, Belgium*                                               |
|               |                                                                      | *Andreas Papadopoulos, UK*                                             |
| 14:15 - 14:55 | **How to act: Are fast-acting treatments the future?**              | *Lucie Bartova, Austria*                                               |
|               |                                                                      | *Andrew J. Cutler, USA*                                                |
| 14:55 - 15:00 | **Close**                                                           | *Chair: Siegfried Kasper, Austria*                                     |
| 15:00 – 15:30 | **COFFEE BREAK / SHOWCASE PRESENTATION:**                           | **Antipsychotic POCT for medication adherence and blood level monitoring** |
|               |                                                                      | *Sponsored by Saladax Biomedical*                                      |
| 15:30 – 16:30 | **KEYNOTE LECTURE**                                                 | *The Future of Manualized versus Personalized Psychiatry*               |
|               |                                                                      | *Tarek Okasha, Ain Shams University, Cairo, Egypt*                     |
| 16:30 – 17:00 | **GUIDED POSTER SESSION**                                          |                                                                        |
| 17:00 – 18:00 | **Meeting of Ambassadors and Corresponding Societies**             |                                                                        |
### Friday 4 October

**Scientific Programme**

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| 09:00 – 10:00 | **OLDRICH VINAR KEYNOTE LECTURE**  
Treatment resistant depression  
Siegfried Kasper, Medical University of Vienna, Austria |
| 10:00 – 10:30 | **COFFE BREAK**                                                       |
| 10:30 – 12:00 | **SYMPOSIUM:**  
Breakthroughs and controversies in ADHD  
- Treatment of ADHD: a pharmacoepidemiological approach  
  Zheng Chang, Karolinska Institutet, Sweden  
- ADHD Treatment in adults  
  Larry Klassen, Eden Mental Health Centre, Canada  
- Meta-analysis in ADHD response  
  Andrea Cipriani, Oxford University, United Kingdom |
| 10:30 – 12:00 | **MEET THE EXPERT**  
Bipolar disorder – the CINP approach  
Konstantinos Fountoulakis, Aristotle University of Thessaloniki, Greece |
| 10:30 – 12:00 | **WORKSHOP**  
Neuroscience-based nomenclature for psychotropic agents  
Joseph Zohar, Sheba Medical Center, Israel  
Pierre Blier, University of Ottawa, Canada  
Hans-Jürgen Möller, Ludwig-Maximilians-University, Germany |
| 12:00 – 13:30 | **LUNCH / POSTER VIEWING**                                            |
| 13:30 – 14:30 | **KEYNOTE LECTURE**  
Antidepressants work: the evidence  
Elias Eriksson, University of Gothenburg, Sweden |
| 14:30 – 16:00 | **SYMPOSIUM:**  
Breakthroughs and controversies in insomnia  
- Orexin receptor antagonists: state of the art  
  Andrew Krystal, University of California, San Francisco, USA  
- Benzodiazepines pro and contra  
  Pierre Michel Llorca, CHU Clermont-Ferrand, France  
- Melatonin  
  Gabriella Gobbi, McGill University, Canada |
## Friday 4 October

### Scientific Programme

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<td>14:30 – 16:00</td>
<td><strong>MEET THE EXPERT</strong></td>
<td>ADHD</td>
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<td><em>Larry Klassen, Eden Mental Health Centre, Canada</em></td>
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<td>16:00 – 16:30</td>
<td><strong>WORKSHOP FOR YOUNG CLINICIANS</strong></td>
<td>Rational prescribing</td>
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<td><em>Pierre Blier, University of Ottawa, Canada</em></td>
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<td><em>Stephen Kanes, SAGE Therapeutics Inc., USA</em></td>
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<td>17:30 – 18:00</td>
<td><strong>GUIDED POSTER SESSION</strong></td>
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**COFFEE BREAK / SHOWCASE PRESENTATION:**
Optimising treatment outcomes in major depressive disorder (MDD)
*Sponsored by Janssen*
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<td>Digital psychopharmacology</td>
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<td>Konstantinos Pastiadis, Aristotle University of Thessaloniki, Greece</td>
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<td>Insights into Cochrane analysis of antidepressants</td>
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<td>Georgia Salanti, Universität Bern, Switzerland</td>
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<td>Evidence does not equal evidence</td>
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<td>Hans-Jürgen Möller, Ludwig-Maximilians-University, Germany</td>
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<td>Discovering ADHD in Adults</td>
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<td>Depression – new treatments with psychedelics</td>
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<td>Erich Seifritz, Psychiatrische Universitätsklinik Zürich, Switzerland</td>
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<td>New Pharmacological Treatments for Resistant Depression</td>
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<td>Maurizio Fava, Massachusetts General Hospital, USA</td>
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CINP 2019
Confirmed Speakers

Francesc Artigas
Spain
Pierre Blier
Canada
Zheng Chang
Sweden
Andrea Cipriani
United Kingdom
ZD Deng
USA

Elias Eriksson
Sweden
Jennifer Evans
USA
Maurizio Fava
USA
Kostas Fountoulakis
Greece

Alan Frazer
USA
Gabriella Gobbi
Canada
Bashkim Kadriu
USA
Stephen Kanes
USA
Siegfried Kasper
Austria

Christoph Kraus
USA
John Krystal
USA
Andrew Krystal
USA
Shih-Ku Lin
Taiwan
Pierre-Michel Llorca
France

Hans-Jürgen Möller
Germany
Tarek Okasha
Egypt
Konstantinos Pastiadis
Greece
Georgia Salanti
Switzerland
Erich Seifritz
Switzerland

Alessandro Serretti
Italy
Carol Tamminga
USA
Carlos Zarate
USA
Joseph Zohar
Israel
CINP Central Office

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www.icsevents.com

For further information on CINP and to keep updated on all CINP activities please visit the website at www.cinp.org